

# Vanilla Almond Cookie Protein Balls

## Makes 45 balls

### Ingredients

- 4 scoops Vanilla Protein Powder (I used Optimum Nutrition 100% Gold Standard - Creamy Vanilla Casein Protein Powder)
- 1/2 cup oatmeal flour (simply grind up the oatmeal in your blender)
- 2 Tablespoons Trader Joe's Speculous Cookie Butter (you can use all PB if you don't have cookie butter)
- 2 tablespoons Jiff Creamy Peanut Butter
- 2-3 teaspoons Almond Extract (to taste)
- 3/4 cup Water
- 3 tablespoons Sliced Almonds chopped up more fine
- 1/4 cup Shredded Sweetened Coconut

### Directions

1. Grind up the oatmeal, then pour it in a medium bowl
2. Add protein powder to bowl
3. In a small bowl mix the coconut and almond slices, set aside
4. In a small bowl melt the PB and the Cookie Butter (about 30 sec)
5. Add Almond extract to the PB then pour it in the dry ingredients
6. Add in the 3/4 cup of water
7. Mix all above together
8. Form little balls with the dough
9. Roll the balls in the coconut almond mixture
10. Freeze until hard.
11. Enjoy!

### Nutritional Information per ball. (Makes 45 balls)

Calories: 28

Fat: 1g

Protein: 2.5g

Carbohydrate: 2g

Sodium: 26mg

Cholesterol: 1mg

Potassium: 4mg

Sugar: 1g

Fiber: 0g

Iron: 0%

Vitamin A: 0%

Vitamin C: 0%

Calcium: 5%