

Large Batch Peanut Butter Banana Baked Oatmeal

(6 servings)

Ingredients

- 2 cups regular rolled oats
- 1 tsp baking powder
- 1 tsp cinnamon
- 1/8 tsp salt
- 1/3 cup peanut butter
- 2 1/2 very ripe bananas (273g)
- 1.5 tsp vanilla extract
- 1 cup almond milk
- 1/3 cup water
- Choc chips (I used 64 Ghirardelli chips or 60g)

Instructions

1. Preheat oven to 350 degrees F. Spray an 8x8 pan (I used a 9 1/2 x 7 1/2 pan) with nonstick cooking spray.
2. In a bowl, mix oats, baking powder, cinnamon, and salt until combined.
3. In another bowl, mash up bananas. Add almond milk, vanilla extract, and peanut butter. Stir.
4. Add dry ingredients to mix ingredients and stir until combined.
5. Mix in Chocolate Chips.
6. Pour into the prepared pan.
7. Bake for 26-30 minutes.

Nutrition Info (per serving, makes 6 servings)

Calories – 302

Carbs – 40g

Fat – 14.4g

Protein – 9g

Potassium – 225mg

Sugars – 12g

Fiber – 6g

Sodium – 93mg

Cholesterol – 0mg

Calcium – 9%

Vitamin C – 7%

Vitamin A – 2%

Iron – 16%